

Autumn 1 – All About Me MTP

Key Question – What makes me, me?

Completing the Reception Baseline Assessment (RBA) throughout the half term

NB: These themes may be adapted at any point to allow children's interests to flow through the provision

Theme	Week 1 (3days) & Week 2	Week 3	Week 4	Week 5	Week 6	Week 7 & Week 8
	Starting School, Making Friends and School Rules	Families	Families	Likes and Dislikes	Dealing with Emotions	Health Week - healthy eating, exercise and teeth (Maybe start Nativity/Christmas Performance Practice)
Key Texts Focus F1	Reading stories to settle in - stories about school PSED stories about sharing, manners etc	Hug by Jez Alborough	Hug by Jez Alborough	The Way I feel by Janan Cain	The Way I feel by Janan Cain	Get up and Go by Nancy Carlson
Key texts Focus F2 T4W	Reading stories to settle in - stories about school Harry and the dinosaurs go to school The Worrysaurus When a dragon goes to school	Monkey Puzzle Imitate Story	Monkey Puzzle Innovate Story	Colour Monster Imitate Non-Fiction - Explanation (Expressing Emotions)	Colour Monster Innovate Non-Fiction - Explanation (Expressing Emotions)	How to Brush Your Teeth Imitate/Innovate Instructions
Knowledge (What do we want the children to retain?)	Children will know that... <ul style="list-style-type: none">When we are at school we follow the class and school rules.We use HALLS and STARS to remind us how	Children will know that: <ul style="list-style-type: none">What is a familyOur families are all different	Children will know that: <ul style="list-style-type: none">Exploring our sensesSome animals look like their parents, some don't	Children will know that: <ul style="list-style-type: none">All people enjoy different things.They are able to express their opinions (likes/dislikes)	Children will know that: <ul style="list-style-type: none">It is normal to feel different emotionsThey can use different strategies to help them control their	Children will know that: <ul style="list-style-type: none">Exercise is good for your health and be able to give 3 examples of exercise.We need to brush our teeth twice a day for 2 minutes.

	to behave in school.				emotions (zones of regulations)	<ul style="list-style-type: none"> Some foods are healthy and should be eaten regularly Some foods are unhealthy and we have them as a treat
Key Vocabulary	HALLS, STARS, good listening, routine, rules,	family, mum, dad, brother, sister, sibling, children, similar, different,	sense, taste, feel, touch, smell, sight, vision, hearing, texture	opinions, likes, dislikes, favourites, because,	happy, sad, excited, anxious, scared, nervous, jealous, disappointed, overwhelmed, express, regulate, calm.	health, exercise, sport, muscles, stretch, strong, dentist, dental, toothpaste, toothbrush, floss, fruit, vegetables, carbohydrates, protein.
Links to the wider EYFS Curriculum	C&L PSED Understanding the World - People, Culture and Communities	C&L PSED Understanding the World - People, Culture and Communities	C&L PSED Understanding the World - People, Culture and Communities	Understanding the World - People, Culture and Communities C&L PSED	PSED - Self regulation EAD - colour mixing	Maths - timing brushing our teeth with timers. PSED - managing self
Possible Experiences	Photography - First day at school pictures	Sending in family pictures on Dojo	Feely bag activities Role play - home corner	Tasting/preparing different foods	Colour mixing Making colour monster puppets	Dentist/Doctors Role Play Role play leading a PE lesson/setting up their own games Preparing healthy snacks
End of unit writing assessment for F2	<ul style="list-style-type: none"> Draw their family and label it Pick/draw pictures of their favourites e.g. food or hobbies and label them 					
Other books to support learning	Big Book of Families Puppy Learns to say Please Bear learns to Share					