

### PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b> Indoor	Jungle Dance	Gymnastics	Super Hero Dance	Word Moves	Athletics	Gymnastics
Outdoor	N/A	N/A	EY First PE	EY Multi Skills	Enjoy a Ball	Tennis
<b>Year 1</b> Indoor	Multiskills	Gymnastics	Winter Dance	Indoor Athletics	Gymnastics	Seaside Dance
Outdoor	Ball Skills	Ball Games	Football Fundamentals	Tennis	Athletics	Social Dodgeball
<b>Year 2</b> Indoor	Gymnastics	Space Dance	Gymnastics	Jungle Dance	Skipping Project	Skipping Project & Yoga
Outdoor	Multi Skills	Ball Skills	Ball Games	Outdoor Adventure	Athletics	Kwik Cricket
<b>Year 3</b> Indoor	Fitness	Gymnastics	Egyptian Dance	Gymnastics	Sports Hall Athletics	Yoga
Outdoor	Multi Skills	Handball	Basketball	Tag Rugby	Outdoor Adventure	Tennis
<b>Year 4</b> Indoor	Swimming / Gymnastics	Swimming / Dodgeball	Swimming / Science Dance	Swimming / Gymnastics	Swimming / Dodgeball	Swimming / Science Dance
Outdoor	Football	Quicksticks	Netball	Athletics	Skipping Project	Kwik Cricket
<b>Year 5</b> Indoor	Netball	Gymnastics	Dance	Yoga	Fitness	Gymnastics

Outdoor	Multi Skills	Outdoor Adventure	Tennis	Tag Rugby	Athletics	Rounders
<b>Year 6</b> Indoor	Gymnastics	Fitness	Dance	Indoor Athletics	Health and Fitness	Dance
Outdoor	Football	Quicksticks	Basketball	Tennis	Athletics	Kwik Cricket